

## **PARENT LETTER**

Thank you for registering for Teen STEPS to Discovery, a series of two weekend sessions that create an opportunity for teens discover the answers within themselves and become the best person they can be!

We have \_\_\_\_\_ **confirmed for Session 1 on October 2-3 and Session 2 on November 7- 8** at Highland Lakes camp, based on completion of signed documents and training fee requirements.

### **Saturday Schedule:**

- 9:00 am: Arrive on Saturday for registration check-in.
- Teen must be accompanied by a parent/guardian/responsible adult; teens will not be allowed to drive themselves.
- 11:00 am: Clap-In
- 11:05 am – 12 pm: **Parent meeting** after Clap-In

### **Sunday Schedule:**

- 3:30 – 3:45 pm: Arrive at Highland Lakes Camp
- 3:45 pm: **Parents meet** for final Turn Around instructions. **Please be on time!**
- 4:00 pm: Turn Around
- 4:05 – 5:00 pm: Parent/Teen Process

### **Sleeping Accommodations:**

- All participants will stay Saturday night at Highland Lakes Camp.
- Teens will be responsible for bringing his/her own sleeping bag or bedding.
- There are separate sleeping facilities for boys and girls with adult TA chaperones.

### **Review TEEN PACKING LIST:**

- All labeled prescriptions and over-the-counter medication (including vitamins) must be checked into the nurse by you (see specific instructions on List).
- Review with your teen all items under **“What to Bring.”** It is one night--space is limited.
- Review with your teen all items under **“What NOT to Bring.”** Belongings will be inspected at registration and any items deemed not acceptable or necessary will be sent home with you.

### **Meals:**

- Meals are \$60 per training session
- Snacks will be provided, so no extra snacks brought by participants
- **Parents, please inform us if there are dietary restrictions.**

The following completed and signed documents **must** be submitted 10 days prior to training:

1. Teen STEPS to Discovery Information Form
2. Teen STEPS to Discovery Questionnaire – **To be filled out by Teen only**
3. Authorization Regarding Consent to Treatment; Insurance Information Form
4. Authorization to Participate and General Release
5. Counselor or Medical Authorization Release (If applicable, Requires attending professional's signature)
6. Highland Lakes Student Release Form

Camp site location and directions can be downloaded from our website.

Your Teen STEPS to Discovery Team